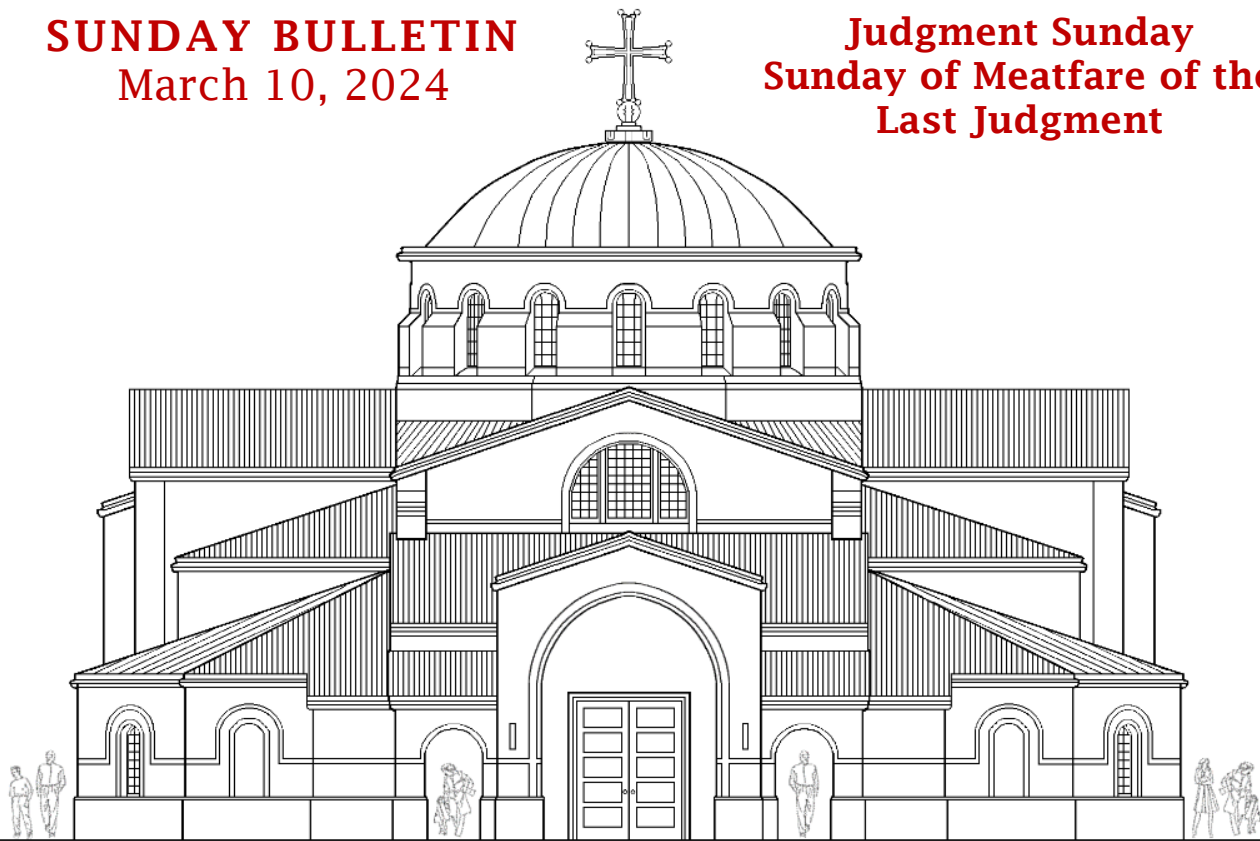




SUNDAY BULLETIN
March 10, 2024

Judgment Sunday
Sunday of Meatfare of the
Last Judgment



SAINTS MARKELLA & DEMETRIOS GREEK ORTHODOX CHURCH

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Office Hours: Tuesday—Thursday 9am – 2pm

Sunday of Meatfare of the Last Judgment

Today's Gospel reading is Matthew 25:31-46, the parable of the Last Judgment. It reminds us that while trusting in Christ's love and mercy, we must not forget His righteous judgment when He comes again in glory. If our hearts remain hardened and unrepentant, we should not expect the Lord to overlook our transgressions simply because He is a good and loving God. Although He does not desire the death of a sinner, He also expects us to turn from our wickedness and live (Ezek. 33:11). This same idea is expressed in the prayer read by the priest after the penitent has confessed his or her sins (Slavic practice).

The time for repentance and forgiveness is now, in the present life. At the Second Coming, Christ will appear as the righteous Judge, "Who will render to every man according to his deeds" (Rom. 2:6). Then the time for entreating God's mercy and forgiveness will have passed.

As Father Alexander Schmemmann reminds us in his book GREAT LENT (Ch. 1:4), sin is the absence of love, it is separation and isolation. When Christ comes to judge the world, His criterion for judgment will be love. Christian love entails seeing Christ in other people, our family, our friends, and everyone else we may encounter in our lives. We shall be judged on whether we have loved, or not loved, our neighbor. We show Christian love when we feed the hungry, give drink to the thirsty, clothe the naked, visit those who are sick or in prison. If we did such things for the least of Christ's brethren, then we also did them for Christ (Mt.25:40). If we did not do such things for the least of the brethren, neither did we do them for Christ (Mt.25:45).

Today is the last day for eating meat and meat products until Pascha, though eggs and dairy products are permitted every day during the coming week. This limited fasting prepares us gradually for the more intense fasting of Great Lent.

Sunday of Meatfare of the Last Judgment

THE AWESOME JUDGMENT



HYMNS FOR THE DAY

Resurrectional Apolytikion, Grave Mode

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

Apolytikion of St. Markella, Mode 1

Obedient to the laws of the Lord and to His divine teachings, you kept them blamelessly, O Markella and being frightened of the violence of your father who pursued you. O pure bride of Christ you hid in the mountains where he found you and took your life. Glory to Him who has given you strength, Glory to Him who has crowned you, Glory to Him who works healings through you to everyone.

Apolytikion of St. Demetrios, Mode 3

The world found in you a great champion in danger. A victor who could turn the nations back. As you restrained Levi in the arena, you also inspired Nestor to courage. Therefore, Holy Great Martyr Demetrios, entreat Christ God, to grant us great, great mercy!

Kontakion, Mode 1

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

EPISTLE READING

I Corinthians 8:8-13; 9:1-2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

GOSPEL READING

Matthew 25:31-46

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

TODAY

Judgment Sunday Sunday of Meatfare of the Last Judgment

Altar Group Today: Basil

THIS WEEK IN THE PARISH

Monday, March 11

Bible Study 9am-Zoom

Wednesday, March 13

Parish Council Agenda Committee Meeting 5pm-Zoom

Thursday, March 14

Greek Luncheon 11am–1pm

Saturday, March 16

Saturday of Souls

Matins 8:45am, Liturgy 10am

Memorial following Liturgy



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Facebook.com/StsMarkellaDemetrios

Website: www.stmarkella.org

Narthex Committee: *Elizabeth Pugh –Chair John Walker –Co-Chair,
Aaron Bradley, Liora Fallon, Cristina Jackson, Evelyn Mosley, Steve Paros*
Altar: *Tim Boolos –Altar Group Leader, Christian Meyers –Alternate Leader*
Group Chrysostom: *Sasha Butterworth, Vova Gurkovsky, Cosmas Mosley,
Bartholomew Mosley, Jonas Mosley, Michael Simpson*
Group Basil: *Levi Bigham, Gabriel Fallon, Jonathan Morgan,
Damian Mosley, Gabriel Mosley, Michael Mosley*
Music: *Matthew Morgan, -Choir Director*
Chanters –Darin Bell, Andrew McBroom, Megan Morgan, Alex Pugh
Video: *Darin Bell*

ANNOUNCEMENTS

INTERNATIONAL FOOD FESTIVAL POTLUCK ON MEATFARE TODAY

We are having a potluck feast immediately before the fast season with our International Food Festival Potluck for Meatfare today following Liturgy. The no meat fasting starts on Monday, March 11th. Please bring your favorite meat nonfasting dish and enjoy food and fellowship!!



SATURDAY OF SOULS, MARCH 16

We will observe Saturday of Souls this year on March 16 with Matins, Divine Liturgy, and a Memorial. Services will begin at 8:45am. If you would like us to pray for your departed loved ones during the Memorial, please submit their names in writing to the church office. May their memories be eternal.

FORGIVENESS VESPERS

On Sunday, March 17, we will have Forgiveness Vespers at 5pm. This is the Sunday before Great and Holy Lent begins on March 18. The Forgiveness Vespers is a good way to cleanse ourselves of grievance before we begin the Lenten journey of repentance. We hope to see you there.

CONGRATULATIONS

Congratulations to Francisco Rodriguez, Godson of Steve and Veta Paros. Francisco received 1st place doing a Bo Kata at the Gulf Coast Martial Arts Championships recently.

ZOOM LINK FOR ALL MEETINGS CURRENTLY

Meeting ID: 869 106 3878 Password: 19641975 <https://us06web.zoom.us/j/8691063878?pwd=MHViamRaaHRFVHByQkhrSzhzMzRYQT09>

Thank You to the Bradley Family for Coffee Hour on Sunday, March 3, 2024!

PRAY FOR OUR LOVED ONES

The Community is praying for the following:

Margaret Abbate	Shirley Feltman	Rebecca Pallone
Erica Ailes	Zachary Fletcher	Janice Parton
Joy Ailes	Betty Floyd	Anastas and Betsy Pazevic
Jan Aker	Angie Furst	Judy Savage
Vasio Arvanites	Dean Gigicos	Edward Scruggs
Nolan Baker	Diana Green	& Family
Rebecca Baker	Brian Guthrie	George Sigalos
Judy Bradley	Diana Guthrie	Melissa Simpson
Donna Branch	Demetrios Hadjisimos	Stanojka Stevanovic
Kathy Bowdoin & Family	Shannon Holst	David Stewart
Larry Broadus	Jake Hoskin	Janet Sutherland
Christopher Brockman	Mallory Howard	Susan Tringas
Kevin Byrne	Katheryn Kaffoglou	Ireni, Vasiliki, John and
Penelope Calabrese	Mary Spiridoula Kalista	Andrew Vallianatos
Mary Campbell	George and Julia Karov	Dana Visioiu
Litsa Carrion	Julie Mamani	Badra Walters
Charles B. Chapman	Marika Maris	Mary Walters
Vonni Cobb	Kelly Maris	Dwight Ward
Angela Walters Comfort	Angela McBroom	Nikole G. Webb
Max Copeland	Ariel McBroom	Gary Wilson
Betty Dodson	Nicholas McBroom	
Jamie Douglas	Andrew Michas	All service men and women
Dorothy Eshelman	George Michas	who are deployed overseas
Tim Feeney	Nina Michas	

2024 PARISH COUNCIL CONTACT INFORMATION

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Terri Grammas	mudbugpots@gmail.com	624-8815 C
Megan Morgan	markellakubitzki@yahoo.com	217-5318 C
Gary Wilson	gtwilson99@yahoo.com	(316)322-5791 C

STEWARDSHIP

We are very grateful to our Families for their 2024 Stewardship

Charles and Margaret Abbate
Jacob and Courtney Batt
Tim and Vicki Boolos
Lark Bostick
Aaron and Trina Bradley
Axel and Eleftheria Carrion
Mary Cook-Dennis
Barbara Denamur
Harold and Anita Diamond
Keith and Rebecca Fletcher
Malpa Fuller
Carlo and Stella Gammaitoni
Alan and Mary Gardner
Traven Gardner
Ion and Ana Ghetiu
Lena, Alexander and Erik Giannios
Terri Grammas
Suzan Bosnake Greer
Charlie and Meagan Haje
Alexandra Jazayeri
Georgia Jensen
Andrew and Angela McBroom
Louis and Maria McCloud
Dr. Elizabeth Michas
Dr. and Mrs. George and Nina Michas
John and Connie Morgan
Matthew, Megan and
Jonathan Morgan
Robert and Margaret Morrison
Nathanael and Sarah Mosley
Joe and Despina O'Neil
Garry and Patti Overholt
Nicholas and Tanya Papadopoulos

Samuel and Nora Pappas
Christian and Adriana Parfene
Steve and Veta Paros
Anastas and Betsy Pazevic
Scott and Katarina Potter
The Pugh Family
Joann Yanora Salazar
David and Allison Schutte
Benjamin Siege
The Simpson Family
Angelos and Katrina Thomas
Karl and Sandy Trammel
Nicholas, Candace,
Kosta, Wynnie and Fields Vlahos
John Walker
Fr. John and Presv. Mary Wallace
Laura Wallace
Joyce Walter
Gary and Teresa Wilson

Thank You to Our Anonymous Donors - "But when you do a charitable deed, do not let your left hand know what your right hand is doing." (Matt. 6:3) Thank you to our anonymous donors who give of their resources with a request to remain unidentified. While we print the names of our stewards as per the regulations of the Archdiocese, we honor those who wish to remain anonymous. One encourages by public example while the other supports without attention; both Glorify God.

40-BLESSING



40-Day Blessing (Churching) of Stephanie Myers and their son, Joseph which occurred on March 3, 2024.

WELCOME

Thank you for joining us today for worship. This is information to help make your worship experience more meaningful.

At 10:00 am the Divine Liturgy, which is the main worship service of the Orthodox Church, begins with the words from the priest "Blessed is the kingdom of the Father and the Son and the Holy Spirit..."

We welcome people of all faiths and denominations to worship with us and appreciate your joining us. For those who are not Orthodox Christians we ask that you not receive the Holy Communion when it is offered to the congregation. Those visitors who are Orthodox Christians may receive Communion provided you normally receive at your home parish and have not been restricted in any way. For Orthodox Christians, when in doubt whether to receive or not, please ask Fr. John in advance and he will be happy to advise you.

For those of you visiting an Orthodox Christian Church for the first time, we pray that you have a very meaningful worship experience. Orthodox worship reaches all five senses. Through sight with the icons, church architecture and the movement of worship; through smell with the use of incense; through sound through the beauty of the Church music; through taste with the receiving of Holy Communion; and through touch with lighting of candles, crossing oneself, and the veneration of icons.

You will find that the Orthodox place a great emphasis on reverence in worship. Our reverence is serious, but also very joyful as well. Please ask one of the attendants in the Narthex (the entrance area of the church) if you have any questions.

May the blessings of the Lord be with you.

Sts. Markella & Demetrios Greek Orthodox Church

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Lenten Family Retreat—New Orleans
3 Sunday of the Prodigal Son Matins 8:45am Liturgy 10am Philoptochos Meeting 12:30pm Inquirer's Class 12:30pm	4 Bible Study 9am -Zoom	5	6	7 Greek Luncheon 11am to 1pm	8	9
10 Meatfare Sunday Matins 8:45am Liturgy 10am	11 Bible Study 9am -Zoom	12	13 Parish Council Agenda Committee Meeting 5pm—Zoom	14 Greek Luncheon 11am to 1pm	15	16 Saturday of Souls Matins 8:45am Liturgy 10am Memorial following Liturgy
17 Forgiveness Sunday Matins 8:45am Liturgy 10am Parish Council Meeting 12:30pm Forgiveness Vespers 5pm	18 CLEAN MONDAY Beginning of Lent Bible Study 9am -Zoom	19	20 Presanctified Liturgy 6pm Lenten Fellowship Meal to Follow	21	22 Salutations Service 6pm	23 District Council Meeting -Mobile
24 Sunday of Orthodoxy Matins 8:45am Liturgy 10am	25 Feast of the Annunciation Matins 8:45am Liturgy 10am	26	27 Presanctified Liturgy 6pm Lenten Fellowship Meal to Follow	28	29 Salutations Service 6pm	30 District Youth Retreat—Ft. Walton Beach Vespers 3pm
31 Sunday of St. Gregory Palamas Matins 8:45am Liturgy 10am						

PHILOPTOCHOS

LENTEN TRIAD

- PRAYING
- FASTING

- GIVING
OF ALMS

As a parish, let us each offer
a jar of

PEANUT BUTTER

to Sharing and Caring
of Okaloosa County.

Collection will be in the hallway of the
Cookie Kostopoulos Fellowship Hall

FINAL GREEK LUNCHEON

of 2024

THURSDAY, MARCH 14

FROM 11-1

COOKIE KOSTOPOULOS
FELLOWSHIP HALL

GYRO WITH PITA BREAD

SOUP, GREEK FRIES &
COFFEE/TEA

FOR \$12

PASTRIES AVAILABLE
FOR ADDITIONAL COST

SHARING AND CARING ADDITIONAL NEEDS:

- 16 oz cans: Pork & Beans, Corn, Green Beans, Whole Potatoes and Carrots
- 15 oz cans: Fruit Cocktail or any fruit
- 6.6oz cans: Tuna Fish, Chicken Breast or Roast Beef
- 12 oz cans: Spam or Meat
- 26.5 oz cans: Spaghetti Sauce-any variety
- 24 oz can Beef Stew
- 15 oz cans: Beef Ravioli or Spaghetti O's
- 16 oz pack: Dry Spaghetti
- 16.3 oz jar: Peanut Butter
- 1 lb bag: Rice or Dry Beans (black-eyed peas, lima beans, red kidney beans, etc)
- Canned or Dry Soup: any variety
- Macaroni and Cheese Dinner
- Cereal: Boxes or Bags
- Juice: any flavor bottle or can
- Bottled Water
- Shelf Stable Milk
- Jelly: any flavor
- Pop-Top Cans: Vienna Sausage, Tuna, Pork & Beans

